

MAKE MINE



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FROM DIRECTOR TODD PHILLIPS THE EPIC FINALE TO THE HANGOVER TRILOGY



IN CINEMAS NOW









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Nutsnews

EXCLUSIVE!

Helen's bikini break!

Flanagan, Cyprus and tiger stripes launch our mag this week!

STRETCHING out a sexy tiger-stripe bikini. Slurping down a primary-coloured alcoholic drink with floating foliage. Doing that side of the pool back-arch thing. Honestly, Helen could write the textbook on celebrity photo sets with this master class in Cyprus. Any excuse to print nice pictures along with some pearls of Helen wisdom is fine by us.

On her figure!

"It's lovely to think I can be slim, healthy and curvy. It's nice not to have to be this perfect person – especially as I had all these insecurities when I was young."

On being in men's mags!

"Being brought up on *Corrie*, where the older girls would do men's magazines, I was always like, 'Oh my god, I want to do that!"

On education!

"I want to get a degree. I never did A-levels the first time around so I'm going to do them this year. I'm doing history, RE and philosophy."





WORDS: RORY BUCKERIDGE PHOTOS: FLY MEDIA



On Kim Kardashian!

"I love Kim Kardashian.

I know people get angry because they say she doesn't do anything but I think she's just beautiful. She's got an amazing figure and I love her bum!"

On sexy shoots!

"I really enjoy my photo shoots. They're fun. If everything is really classy and beautiful and tasteful, I don't think there's anything wrong with sexy shoots. Women should celebrate themselves. It's a positive thing."

On girls she loves!

"I'm obsessed with Angelina Jolie and I love Kate Upton!"

On men!

"I love gentlemen. I don't understand this thing about bad boys. It's so lovely when a man is gentlemanly. Women really, really appreciate that."

On being ditsy! "I do think I come across as

"I do think I come across as ditsy, and it's embarrassing. But I'm not stupid and if I really was, I wouldn't care!"

On being a WAG!

"I think the WAG label's funny. I'm not precious over stuff like that. I don't live like a WAG. When I go shopping, it's because I've been working hard. I do love my designer clothes, I'm so bad. I love the high street as well though."

On modelling!

"People think that if you do sexy modelling, you're a bimbo or promiscuous – I'm neither."



Cliff hanger!

Driver gets lucky at the Jordan Rally!



DURING THE

first stage of round three

of the Jordan Rally,

Abu Dhabi Racing's Mohammed al-Sahlawi probably didn't listen to his co-driver Allan Harryman as he screamed, "100m, kink right severity two! 200m, square left! 100m, oversquare right! Cliff! Cliff! For the love of god, man, cliff!" Or words to that effect.

Both drivers escaped unhurt from the incident in Sweimeh, near the Dead Sea, but if Harryman didn't then insist on walking home from the event, there's no justice in the world.

ON THE EDGE!

TROËN



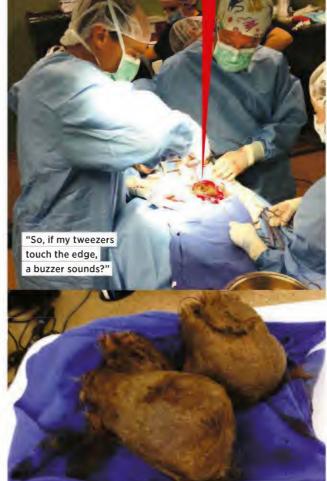


of the docs didn't do a comedy burp noise on its

removal, someone should

be sacked by day's end.

"If you could use the oils that'd be grrrreat"





GAMES SPECIAL!

Your next Xbox!

Microsoft reveals the Xbox One!

IT'S BEEN eight long years since we last saw a new Xbox. The 360, announced in 2005, has sold over 77 million units to date. But we're only interested in new stuff, right? So here's the new Xbox, hopefully coming to a telly near you before Christmas.

NEXT-GEN CAPTURE!

This sucks up incredibly detailed voice and face recognition. Alongside skeletal tracking, it picks up 25 joints and even knows if your hands are revolving. They even reckon it'll be so sensitive, it'll be able to work out your heart rate based on fluctuations in the blood flow in your face!



NEW XBOX!

GAMING DVR!

The box is an always-on digital video recorder, which captures and saves your epic in-game highlights to post onto Xbox Live and share with chums when you're ready. It also sends gaming info to "the cloud" so you can learn from better players and even play against friends' "shadows

THE BOX!

Strangely, Microsoft won't release the dimensions, but this is a big box - bigger than the original 360 and maybe even the original. It has to be, though. Inside is a main processor with a five billion transistor count. It also has a 500Gb hard drive, Blu-ray player, 64bit architecture and 8Gb of RAM.

NEW KINECT!

The new Kinect sensor is mandatory – the Xbox won't work without it. But it's been hugely updated. So now the lens tracks in full 1080p high-definition at 30 frames per second. Microsoft has announced an impressive reaction time of 13 billionths of a second.





4 reasons it should rock!

NEW XBOX LIVE!

At the mo, Xbox Live is powered through 15,000 servers. Microsoft plans to power Xbox Live for the new console with 300,000 servers – that's more computing power than the whole world had in 1999, they reckon. Phew!



THE GAMES!

Games will have ten times more animation depth, so they should play like current cut scenes and blur the line between fiction and reality. The Xbox One will have 15 exclusive games in year one, and eight will be new gaming franchises.



IT KNOWS YOU!

Say, "Xbox on!" and your Xbox, Kinect and TV all turn on immediately. It'll recognise your face and launch your individual home screen, with TV, games and entertainment tailored to you. The more you interact, the better it gets.

ALL-NEW TV STUFF!

Much like Netflix, Microsoft is creating its own, bespoke television content for the Xbox One TV channel. Kicking this off? Just Steven Spielberg making a live-action *Halo* TV show. No biggie!





10 Xbox One games!

Described in five words each!



7 FIFA 14 Messi like he's right there.



THIEF Grandaddy of stealth gets reboot.



FORZA MOTORSPORT 5 Hypercar driving sim. Petrolheads only.



QUANTUM BREAK Psychic kid wreaks unimaginable havoc.



WATCH_DOGS Conspiracy technology thriller stars vagrant.

4G is nice. **But our**

Ultrafast network is built for more.

Running at what we affectionately call 3.9G, our Ultrafast network is built to give you all-you-can-eat-data. So you won't run out when sharing pictures of happy cheese graters. And when we roll out 4G, we'll nudge you up without charging you for the privilege. Which is nice too.



Keep on internetting





£90k racing car sim!

A millionaire sim for millionaires!

LOVE FORMULA 1 and have almost £90,000 burning a hole in your pocket? Us too! So, here's your weekend shopping list—a full-size F1 racing car simulator. Featuring genuine original Pirelli F1 tyres and Brembo brake callipers, you'll sit in the cockpit and view the race via three, 23in TFT screens, while a 5.1 speaker system blasts revving noise at you. You can grab one from www.costco.co.uk for £89,999.89, and tip the delivery men with that amazing 11p saving!

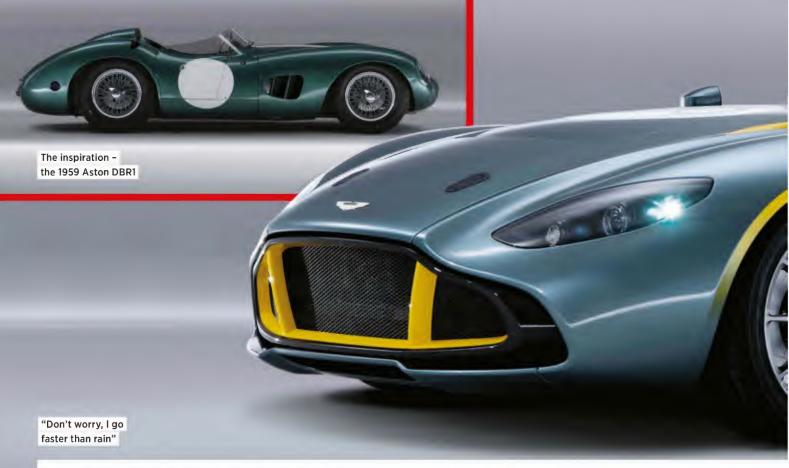












Anniversary Aston Martin!

Gents, meet the astonishing one-off, 100th-birthday CC100 speedster supercar!

- This is Aston Martin's 100th birthday present to itself - the CC100 speedster. It reflects a rich heritage but also points to what the future holds for Aston designs. In other words, this V12 hair-raiser is a one-off.
- The CC100's body is purely built from carbon fibre, albeit swathed in a special patented
- paint that hides all signs of visible weave. Inspiration was pulled from Aston's brimming archives specifically, a 1959 Aston DBR1 racer driven by Sir Stirling Moss to victory at the Nürburgring 1,000km.
- Boasting a split cockpit, half-mast butterfly opening doors and twin rear humps (for two passengers) the old

"Plaque," tutted the dentist, frowning





racecar styling is obvious.
Although it's designed to hark back to the bygone days of leather helmets, fag smoking in the pits and prayers for crash protection, underneath the bodyshell lurks a pure, modern Aston alloy chassis.

 It's essentially a rebodied Vantage V12, which was probably Aston's finest model until it was quietly discontinued a few weeks ago. Shame. The 12-piston Vantage uses a 5,935cc lump that delivers 510 horses and 420lb-ft of all-important torque. It transfers the power to the hind tyres via a race-spec hydraulically automated six-speed paddle-shift automatic.

- The CC100 is 4.5m long and 2m wide – very close to the new Vanquish's footprint. The difference is that there's no glass, no roof and massive holes in the side, meaning it's 400kg lighter than a V12 Vantage. Performance-wise, we're looking at 0-62mph in 4.1 seconds and a top end of 180mph. Limited.
- Although it's a one-off and isn't road legal, the CC100 has lights, a heater and ESP.
- There's a rumour that it could be sold off to a private owner for "a mid-ranking six-figure sum," Aston says.
 So £550k, 200 Marlboro and a case of scotch, then?
 Making it the best supercar deal, well, ever.









SEX ADVICE FROM A FIT LESBIANI

Because she knows what she's doing and we don't!



KEEP UP WITH DANNI ON THE NET! For all Danni's latest news and pictures, follow her on Twitter – @Danni Orsi

Is she the one?

There's a girl who has been one of my best mates for years, but I'm starting to want to be more than friends. Should I tell her?

ANON via email

Deep down, you'll know if you both have a connection. Does she buy you presents? Has she met your mum? Normally, girls like to do the groundwork before committing to the real thing. Look out for the serious mating vibes. Crack on!

A lady reader writes...

I have a problem with my fellahe doesn't seem to be into sex. It's always me making the move on him, and if I never did we wouldn't have sex at all. What should I do? Should I find someone who is interested?

GEMMA via email



Should I grow a 'tache?

A girl I really fancy is always hinting that she prefers blokes with moustaches to clean-shaven ones. Should I grow one, even though I don't really like them? Do girls really love facial fuzz all that much?

BEN London

Ben, don't go changing yourself for a girl. We change our opinion every five seconds. The bad thing about facial hair is that kissing hurts and it can give some girls spots. If you prefer your face soft and clean-shaven, keep it that way. Go down on her loads as a sweetener.

It sounds like he has an insecurity, so talk to him. Does he shy away from oral? Perhaps he's concerned about the size of his penis. The quickest way to find out is

through communication. In the bedroom, let him take the lead. Tell him what you like and show him how impressed you are when he's in control – blokes need their mojo!

Sex upset her!

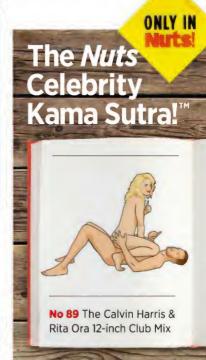
ONLY IN

I recently met a girl at the gym. We swapped numbers and last week, we spent the night together. The sex was good, but it took me ages to come. For some reason this seemed to upset her – she sort of told me off and has knocked my confidence. Should I move on?

MARK via email

Once a penis and a vagina are in the same room, both sexes worry they aren't doing it right. Pressure to come is a hassle for many people, so I wouldn't take it to heart. Catch up with her, charm her and next time you're in the bedroom, take lots of time with the foreplay.

 If you've got something to ask Danni, just email her at thelesbian@nutsmagazine. co.uk or write to her at the usual Nuts address on p64



ALCON BILL PROCESSES

OURNUTS



Like LETTER OF THE WEEK! my balls?

This is me and my colleague Alex Dalton with our homemade crazy golf course. What do you think? **CPL AARON COWLEY**

Camp Bastion, Afghanistan We asked office golf expert

Chippy Sam what he thought, and he reckons he could go round under par. He's lying.





Tasty-saurus

I ate an Indian the other night and found this pakora. Or is it a miniature tyrannosaurus rex? MATT GLOVER via email

Either way, it looks simply delicious!

Meow!

Dear Nuts, Does it look like I'm interrupting my cat while he's pleasuring himself?

RYAN via emai

Yes, Ryan. That's exactly what it looks like.







Dear Nuts,

This is me - I'm the blonde one and my friend Sammi-Jo. We're sexy! Put us in the magazine.

Nice greenery, too. Not that we're paying attention to that.

Win! £100 cash!

Readers, here's your chance to get your handsome mush in the magazine and get paid for doing it! Just send your deliciously daft pics, pimped pets and Camera Phone Cuties to nutsletters@ipcmedia.com. The sender of the week's best letter wins a fantastic cash prize of £100! Editor's decision is final. Terms and conditions on page 64 apply.



Impressive stack

Dear Nuts.

I'd like to send a stack of Nuts mags out to our lads in Afghanistan. Can you help? **BEN BERRY** via email

Defo! Anyone else who can match Ben's generosity, email pete_cashmore@ ipcmedia.com and find out how.

Camera phone comedy!

Seen something daft? Snap it, send it in and win £100!



PIC OF THE WEEK

Stagecoach

"I'm certainly on board with this bus." **DANIEL** Basingstoke

"The recession's ended for Italian airport crew!"

RICHARD via text

Win £100!

Email nutsletters@ ipcmedia.com or text your pic to **0771 388 8008** (free texts, standard network charges apply*). Best pic** wins £100 cash to spend on lovely things!



NAFF TATS CORNER



"I got this when I was on my stag do in Tenerife. It's for my wife-to-be!" **BOBBY** Clydebank

during my travels in

CARLOS Bournemouth

"I accidentally

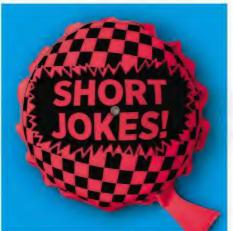
of butter!"

made this "knob"

MICHAEL via text

South America."





David Moyes signs for six years? Decent of him to consider Man United's deaf fans!

BOBBY Prestwick

I discovered a leak in my fish tank today. Well, it was either that or a very large spring onion!

PAUL WEBBER Cheshire

Why do leprechauns wear two condoms? To be sure, to be sure!

SAMMY MOWAT Edinburgh

I yawned so loudly this morning, a female Wookiee knocked on my door and asked for sex!

LUKE via emai



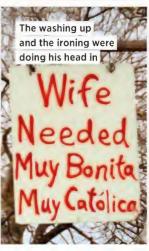
Mum's the word

I TOOK a girl back to my house for sex last night. After going upstairs, I slowly removed my clothes and climbed under the quilt.

"You'll have to be really quiet," I whispered. "My mum and dad are asleep."

"I can see that," she said. "But what I want to know is why don't you have your own bed?"

JAMIE SIMS via email



Wife woes

A MAN inserts a personal classified ad in his local paper: "Wife wanted!"

The next day he receives a hundred replies, all saying the same thing: "You can have mine!"

SAM STILL Swansea

Sex talk

I WAS lying on the doctor's examination table today when she asked, "How's your libido?"

"My what?" I said.
"Libido," she
repeated. "Do you feel
like having sex?"

"OK," I replied,
"but we'll need to be quick – my wife's waiting in the car!"



Toilet tantrum

I WAS in the public toilets and had just sat down when a voice from the next cubicle said, "Hi, how are you?"

Embarrassed, I said, "I'm doing fine, thanks."

The voice said, "So, what are you up to?"

I said, "The same as you, just sitting here!"
The voice added,

"Can I come over?"
Annoyed, I said,
"Actually, I'm a little

bit busy right now."
The voice said,
"Listen, I'll have to call
you back, there's an idiot
next door answering all

my bloody questions!"

SAM WOMERSLEY Halifax



Two for the price of one

A WOMAN has twins and gives them up for adoption. One of them goes to a family in Egypt and is named Amal. The other goes to a family in Spain and they name him Juan.

Years later, Juan sends his mum a picture of himself. Upon receiving the photo, she tells her husband, "I wish I also had a picture of Amal."

Her husband responds, "But they're twins. If you've seen Juan, you've seen Amal."

PETE Manchester



Win an Xbox 360 and Blu-ray!



The sender of this week's best joke* wins an Xbox 360 and a Blu-ray copy of *I Give It A Year*, the hilarious British comedy from the writer of *Brüno* and *Borat*, starring Rafe Spall and Rose Byrne, out to buy on DVD and Blu-Ray on 3 June.









ello again Lacey!
You look like
you're having
fun today.
Hello! I'm having
great fun. It's so
good to be back in *Nuts*. It's
a cheeky shoot. Everything's
really pretty – all sexy
understated colours.

And it feels like summer's here! Are you excited?

Yes. I'm so happy. My garden's a lovely place to hang out in during the summer.

Does the nice weather make you extra-frisky?

Yes. And I also drink more in the summer, which makes me friskier. So, in theory, double friskiness! I think girls in general are a bit cheekier in summer. It's the heat.

What's the sexiest summer outfit in your wardrobe?

I don't know. I've bought loads of new clobber this year. I have new bikinis, play suits, little dresses. I'm ready to go!

Do you have any nicknames for your boobs?

What? No, that's a bit weird, isn't it? Everyone calls me Bangers. Does that count?

Do you ever go commando?

Yes, all the time! I'm not a big fan of knickers, to be honest, unless I wear stiff jeans. If I can get away with it, I won't wear any pants!

Blimey! If we looked in your undie drawer, would we find any saucy items?

It depends on which drawer you look in. I have a few underwear drawers. Some of them have quite a few naughty bits and pieces, so they're more like sex drawers than underwear drawers.

What's the best thing to do when the sun's shining?

I love barbecues, drinking in pub gardens, and if I'm feeling energetic, I might bash out a game of tennis. Ice cream's always a winner.





Yummy. We love ice cream. What's your favourite flavour? Mint chocolate chip.

Are you going on a girly holiday this year?

Actually, I just got back from Ibiza. Me, Rosie Jones, India Reynolds and Nicole Neal went. I love Ibiza, I think it's amazing. We go clubbing, we lie on the beach. I sometimes even try a bit of swimming.

You turned 21 recently. What birthday antics did you get up to that you can tell us about?

Twenty-one – it's a big one! What didn't I do? Ha-ha! I partied for four days straight. I started in London and ended up at a party at my house days later! When I looked in the rubbish bins I saw we'd gone through about seven litre bottles of brandy, as well as loads of beer and wine!

Did anyone arrange for Rosie Jones to appear out of a giant birthday cake?

No, but that would have been ace. I had two normal cakes. I still have one left, actually. I can't eat any more cake. I'm supposed to be doing a bike ride from Paris to London soon, so I have to stay in shape. Cake's off the menu!

We've heard that you sleep for 18 hours straight. Is that true? Ha-ha! How do you know that?

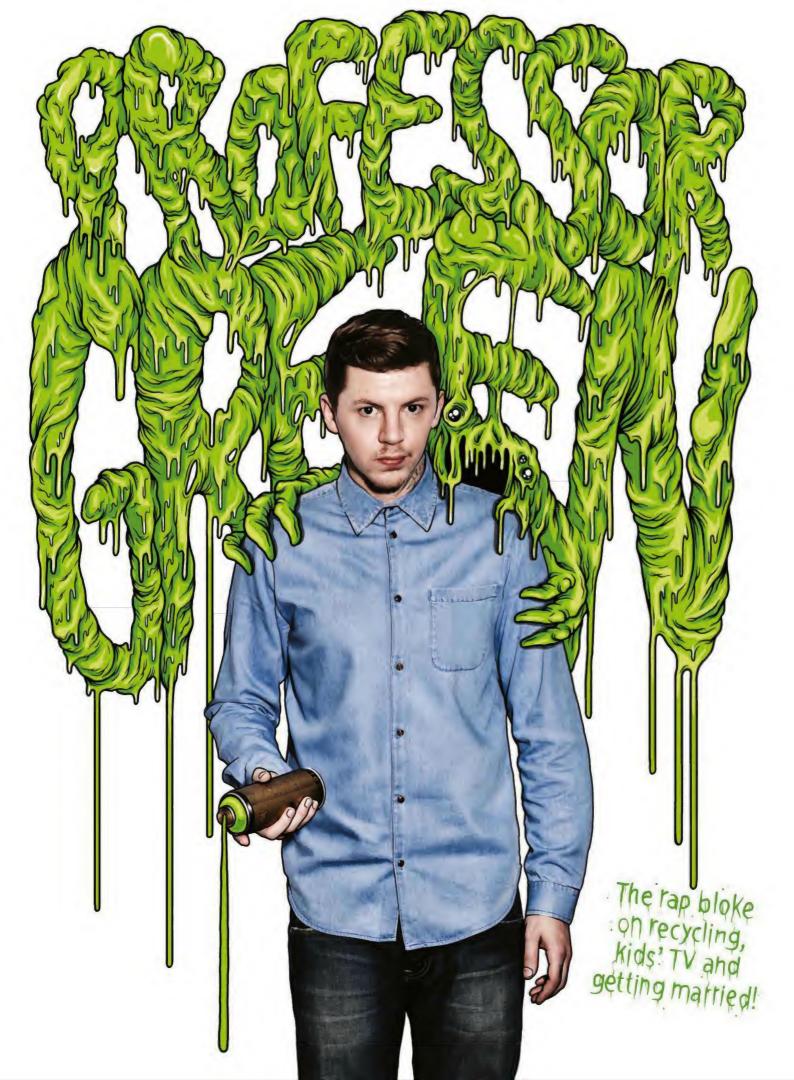
One of your fellow *Nuts* babes told us...

Wow, really? Ha-ha! Actually yes, I've been known to. I have the worst sleeping pattern ever. Sometimes, I stay in bed until four or five in the afternoon.

Thanks, Lacey! Finally, do you ever have any rude dreams that you'd like to share with us?

Yes! But always about people I know that I wouldn't normally think of in that way. It's a bit embarrassing. There's always that moment when you wake up and you don't know if it was real or a dream, and you have to ask yourself, "Did I really do that?"







ello Pro! We see you're the face of Relentless energy drinks again. Why is

the sight of you on telly likely to make people thirsty and weak at the knees?

I think it's going to make women dribble down their legs. I've no idea why. That's the first thing that came into my head.

Is it because you're covered in tattoos and therefore look a bit like a can of Relentless?

Ha! I do look like the can because I'm tall and skinny. To be honest, I've consumed a fair bit of the stuff in my time. I drive myself to gigs so it's good for keeping me wide awake.

You drive yourself to gigs? What's your favourite motorway service station? I like the ones on the M1 that have little Waitroses inside. Now that I've started hanging out in Chelsea, I've found out about Waitrose.

We had you down as more of a Lidl man...
Watch it.

Sorry! How green are you, Professor Green? Do you recycle baked bean cans, or

do you lob them in the bin? I do recycle. We've got a green bin and a black bin. But I've got the laziest council in the world. If you don't push your bins out onto the road the night before, they don't come into your garden and get them.

When you order stuff online, do you put "Professor" when it asks for your title?

Ha-ha! I think eventually I might actually write a doctorate on something so when people say, "Oh, you're not a real professor, are you?" I can go, "Yes I am. Shut the f**k up." I'm just not sure what subject I know that much about.



You appeared on CBBC show 12 Again. What sort of a 12-year-old were you?

I was probably outside my estate drinking a can of White Lightning, smoking a spliff, sitting in a stolen Mini Metro, listening to jungle.

You're working on your third album. How's that going?

Very well, but it's nowhere near done. It's a bit like doing homework. People go, "Have you done that?" and you go, "Yeah, I've got some ideas, I'm nearly there," which means you've done f**k all.

What have you done with the Nuts award we gave you at the end of last year?

It's still in the boot of my car. I keep it in there in case someone says something I don't like and I can hit them over the head with it. It would make a well-good murder weapon. Ha-ha!

Congratulations on your engagement to Millie Mackintosh. Did our invite to the engagement bash get lost in the post?

Don't make me feel guilty.

Can we at least come to the wedding?

I'm not sure I want *Nuts* magazine at my wedding. I like you, but every time I see you, all you do is ask me stupid questions. The only question I want to be asked at my wedding is, "Do you want a drink?"

What about the question, "Do you, Professor Green, take Millie off of Made In Chelsea to be your lawful wedded wife?"

Er, yes. That too.

How about instead of selling

your photo rights to OK! magazine, you let Nuts cover the happy day for a quid instead?

OK! magazine can f**k right off. The sadistic part of me wants to take you up on your offer, but my missus would have my b*llocks.

What are you doing for your stag do?

Well I don't get to plan it, do I? But my mates are f**king reprobates so they'll either just not plan anything and it'll be sh*t or they'll absolutely ruin me with drugs and prostitutes. That's what every good stag do is made of.

PROFESSOR GREEN

Are you actually having anything whatsoever to do with the planning of your wedding?

Well, I had my suit fitting on Tuesday. I haven't decided whether to shave or not yet. Millie likes my attempt at facial hair, but Millie's mum hates it. It depends on how I feel on the day.

So who does a pop star get to DJ at their wedding reception?

I was thinking of getting Skream, but he might play *Smack My Bitch Up* [by The Prodigy] as the first record. As much as I like that, I'm not sure some of the guests would approve.

Thanks for chatting to us! Finally then, are you still the politest rapper in showbusiness?

I think so. I try to be nice to people. I like manners. Manners are nowhere near as commonplace as they should be.

 Watch the Relentless energy drinks telly ad featuring Pro Green at relentlessenergy.com









A

TYPICAL NIGHT in San Pedro Sula's Catalino Rivas hospital paints a grim picture of life in Honduras'

second city. "A man with numerous stab wounds is brought in. His hand is dangling from his wrist," reports local journalist Jorge Cabrera. "He's been attacked by members of the Mara-18 street gang who wanted to kill him with machetes, then tried to dismember his body. He was crying while he was telling me how he'd

managed to escape."

Cabrera isn't the only one to have experienced first-hand the horrors of a city that has been dubbed the murder capital of the world, where local mortuaries struggle to cope with the increase in homicides. "Do you feel the foul smell?" says one of the city's morticians. "These corpses are already rotten. I'm used to it. It's normal to me."

Life in San Pedro Sula is lived next to death, with the city's police having all but ceded control to the drug gangs that run the city through extreme violence. Seventy per cent of the 900,000 population live in poverty, and the number of violent deaths per year is 169.3 per 100,000 residents. That makes it officially the most dangerous city in the world this year, with a homicide rate averaging 3.3 deaths per day. It's little wonder citizens of San Pedro Sula are legally allowed up to five guns each.

Gang warfare
Mara-18, originally established in

Mara-18, originally established in Los Angeles, is the most prominent of the drug-moneyed gangs in the city – many have bulked from street gangs to become organised syndicates. Despite funding help from the US authorities keen to keep a lid on narcotics crossing the border, police have a woeful lack of resources and corruption is rife. This has meant that with just 20 per cent of homicides leading to convictions, crime has become the norm. The

only two realistic paths for many are to embrace a criminal life in the city or make the near 1,000-mile haul through Guatemala and Mexico to the US border and chance it with the rifle-toting rangers patrolling it.

If facing the wrath of armed US officials for the chance of a better life isn't appealing, the authorities back home don't exactly offer a safer haven. According to the National Autonomous University, 149 Honduran citizens have been killed by police in the past two years, with 50 killings in San Pedro Sula alone.

National Police agents
look for members of
the Mara-18 gang

Prisons are controlled by inmates

THE WORLD'S MOST

The police's response to escalating lawlessness has been to become increasingly lawless themselves – in March, the Associated Press news agency reported that police "death squads" were operating with impunity across the whole country, bypassing courts and serving what they see as instant justice on the streets.

For the criminals who do end up going through the courts, life behind bars is even more violent. Inside the San Pedro, Sula Central Corrections Facility there's what's referred to as a "line of death" behind which anything goes, from prostitution to gang fights, all among troughs of open sewage. "The prisoners rule," assistant prison director Carlos Polanco explained. "We only handle external security. They know if they cross the line, we can shoot."

Top-level corruptionMany say that the corruption seeps

Many say that the corruption seeps down from the top level. In 2002, Juan Carlos Bonilla, then a police prison inspector, was linked to 11 killings and strange disappearances. When the charges went to court, he was acquitted. Shortly afterwards, the head of the investigation pointing the finger was dismissed from her position. Bonilla was appointed head of the entire police force last year, and the charges against him that hadn't gone to court were swept under the carpet.

Corruption aside, the police concede that they can't keep a grip

on the violence and have had to team up with the army. Now, machine gun-armed soldiers, faces hidden in masks so criminals don't earmark them for slaughter later, regularly patrol the roads and engage in firefights with gang members as part of Operation Lightning, a supposed clampdown on violence hotspots.

It hasn't made much difference to the murder rate. In fact, last year, the rate of 169 homicides per 100,000 citizens was up by ten from 2011, meaning it topped the unwelcome murder rate chart for the second year running. With corruption showing no sign of slowing, you wouldn't bet against a sinister hat-trick of violence being capped off next year.

100,000 citizens in the world's

5 Centure deserved 118
4 Person plant interes 10
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7 Person Lancoc Photos 72
8 Centure 71

9. Earqueillean Shirisiyaa (10. John Perman (Brazil 7) JENNA JONATHAN

WORLD EXCLUSIVE!

The Valleys' Jenna Topless!

Our Welsh wonder bares all in an exclusive shoot!









ello Jenna! This is your first ever topless shoot.
How does it feel?
Great! It's been a dream of mine for years to be in *Nuts* – so it's a dream come true. I have the best job in the world.

How proud are you of your brand new boobs?

I'm very proud of them! My mother paid four grand for my boobs, so this is a really big moment for them.

How's life in The Valleys?

It's great, thanks, but it's amazing to have my own shoot, especially after seeing some of Holly Hagan's amazing covers.

When you're not causing trouble on *The Valleys*, what else are you up to?

I was at uni but I've graduated now. I finished one per cent off a 2:1. That was disappointing. A bit of leeway would have been nice. I was tampin'!

Tampin'? Hang on, we've heard that word on *The Valleys*. Remind us, what does it mean?

Tampin' is Wenglish for angry. Wenglish is our word for Welsh-English. It's like our own little language. We have "cwtch", which means hug. "Steaming" is drunk and "lush" is sexy. That's enough for you to be getting on with!

Great, thanks! The new series has already got you lot into hot water. Are you getting used to controversy now?

Yes, sort of. I was actually a bit shocked at the reaction to the adverts for the new series – and that was before the show even started. But what did people expect? The adverts were just a little taste of what happens in the show. And we all know what that means!

It's already knocked our socks off! How have you made *The Valleys* even ruder?

It's always a good idea to add new faces to spice things up, ▶





but that said, the original cast are much more comfortable with each other now, so there are no-holds-barred activities. The first series was rude. It's more of the same this time, but with a few surprises. It's a bit mad, really.

Do you feel like a bit of a celebrity now you've been in the public eye for a while? Ha! I'm not really a celeb, but this has given me a taste of what that world is like. The experience on *The Valleys* has been incredible, but it's things like this shoot that I find amazing. I never thought I'd get my own *Nuts* shoot.

It always seems like one long party for you Welsh scamps. Does it ever stop?

Yeah. The worst thing about being on the show is the hangovers. Ha-ha!

Do you ever feel like nipping out for just half a pint and a packet of Scampi Fries? Sometimes I try to have a quiet one, but whenever I go out

one, but whenever I go out with *The Valleys* crew, it always ends up being a mad one. It happens every time!

We've seen you get into a fair few arguments on the show. Do you all get along well?

Yeah, we're all friends really. Like, everyone is really cool from the house. I think we're all really good friends now.

Who's the most annoying person in the house?

I'm going to have to go for Lateysha because of her diva strops. I love her, she's amazing, but she's the most annoying. Ha-ha!

We bet you're always being given loads of free stuff because you're on *The Valleys*...

Yes, I love it! I get given nice shoes, clothes, bags, make-up, all those kinds of things. I've done loads of personal appearances in nightclubs too. Getting paid to go and hang out in clubs – what's not to like about that?







Loads of reality telly types do these personal appearances at clubs. How much do you get paid for one?

Well, that depends on the club and whether it's just me or some of the others from *The Valleys* as well. But I can make more in one night at a club than I did in a month before I was on the show.

Other reality shows have had special overseas episodes. Where in the world would you take *The Valleys*?

I hope we'll do one like that – if I could do this and be on holiday at the same time, my life would be complete! Ibiza would do nicely, but if not, how about Las Vegas?

What do you look for in a fella?

I've always gone for the same type – muscles, tattoos, tight t-shirt. But now I'm getting around a bit more I find myself fancying other types. I wouldn't rule anything out.

What can blokes do to make themselves more attractive to you?

They can go to the gym for a start. Confidence is also important. And remember, a smile goes a long way.

Do all the boys in *The Valleys* read *Nuts*?

Of course! Everybody does. They all rush out to buy it when Holly's on the cover. I hope they'll do the same with this one. They love it!

Is this shoot the rudest thing you've ever done?

Posing for *Nuts*? It's up there! But probably having sex on TV is the rudest thing. I'm normally quite well behaved. I'm a bit lazy, so I eat, sleep, watch telly, read *Nuts...*

And hang out with Princess, your famous chihuahua?

Ha! Yes. She's ace. But I quickly realised that I can't take her everywhere with me like I'd hoped. It's like having a kid. So she's safely back at home in the valleys.





We have an inkling that Wales might be the friskiest place in the UK. Would you agree? Without a doubt. Anyone who has spent any length of time there can tell you – they breed us a little bit different there. We're all filthy, and we don't care! We know how to enjoy ourselves.

Would the *Geordie Shore* lot survive a night out in Cardiff? If they stuck together, I reckon they'd be OK. But there's no way they could last a full night out on the town with us – not at our pace!

Would you do any other reality TV shows if you were offered the chance?

For now, I'm completely committed to *The Valleys*. I love everything about it and want to be doing this forever. But if the show ever ends, I'd think about doing any reality TV show, except *I'm A Celebrity...* I hate bugs, and I'm scared of everything!

What about a series of *Big*Brother, but made up entirely
of reality TV people?

That would just be the best
TV show ever. Come on, we

Do you think you'll carry on with the modelling long after the show finishes?

have to do it!

Well, I've got the law degree, but if you get a chance to be a glamour model while you can, you've got to go for it. I'll always have my law degree, so I'll always have that behind me, but I'll definitely carry on with modelling!

Great chat, Jenna! Finally, then, MP Chris Bryant said *The Valleys* was twice as bad as he'd feared, and Charlotte Church said it was horrific. What's your message to them?

I think Chris Bryant should just stick to politics. Nobody ever asked him to watch our show. And as for Charlotte Church, well, I have just three little words for her... pot, kettle, black!



Nuts STUFF

The week's best TV, movies, games, fashion, music and tech!



Friday 31 May



England vs New Zealand

SKY SPORTS 1/HD • 10.30am

The ICC Champions Trophy will soon be upon us, so England have a chance to get in a bit of practice in this three-match series, starting today at Lord's. England are fairly weak in the 50-over form of the game, so they'll be looking to shape up and stuff the Kiwis.



Death Race

CHANNEL 5/HD • 9pm

Bittersweet weepie starring Jason Statham as... eh? You're not falling for it? Fair enough. The Stath does star in this awesome update of '70s actioner *Death Race*, though. An innocent ex-racing driver is banged up and forced to compete in the deadly Death Race. Cue oodles of mindless violence and ace adrenaline-fuelled nonsense.



Not Going Out

BBC ONE/HD • 9.30pm

Some safe Friday night fodder from Lee Mack and his pals, where the comedy is almost as predictable as the chicken chow mein you'll be bringing back from the boozer later on. It's the last episode in the series, and the gang are all off on a boat trip – which can only end in some absurd farce or other. Gentle fun.



MODERN MILLICAN LIVE

CHANNEL 4 •

"With dirty talk, I stick to the classics Please, sir, I want



50 Nuts

Saturday 1 June







ONE WITH THE MISSUS!

BEYONCÉ AND FRIENDS LIVE AT TWICKENHAM

BBC ONE •

With Beyonce headlining and the likes of Jennifer Lopez helping her out, your missus can sing along while you check out



Transformers

CHANNEL 4/HD • 8.30pm

Try to ignore the fact that Shia LaBeouf's Sam Witwicky is one of the most irritating "heroes" in action film history and instead, enjoy the sight of incredible, vast fighting robot monsters, not to mention the even better sight of the lovely Megan Fox in a series of revealing outfits. Entertaining big-budget nonsense.

The Americans

ITV/HD • 10pm

This new Yank drama has taken the US by storm. It's based around a couple and their two kids who run a travel agency in America in the '80s. But they also happen to be Russian spies, stealing secrets and killing those who get in their way, with no mercy. It's not as good as *Homeland*, but it'll do until that's back in September.

The Inbetweeners

E4 • 11.05pm

Isn't it ace when you accidentally stumble upon the first episode of one of your favourite telly shows? Tonight, E4 is showing the first two eps of *The Inbetweeners* – long before the phrase "briefcase w*nker" became a staple of the English language, and when the cast still looked like they had no pubes. Awesome stuff.

Sunday 2 June





The Only Way

"We'd look ace as a screensaver, don't you think?"

The Magic Of The Big Blue

QUEST • 9pm

We can think of several reasons not to go sea swimming – the fact that we'd need to show off our none-too-toned torsos being one. Another is the abundance of weird critters that lurk there. This series offers a look at what the heck's going on beneath the waves.

Brazil vs England

ITV/HD • 7.30pm

Yes, this season-closing friendly is completely meaningless and half of the regular squad will be missing. But the bottom line is, England are playing in one of the most spectacular stadiums in the footballing world, the Maracanã, to come up against one of the most star-stuffed sides ever. Really, what's not to love?

ITV2/HD • 10pm

Is Marbs

Another series of *TOWIE* kicks off with that most jealousy-inducing of things – a special edition in some far-off sunkissed paradise. So, not Essex, then. No, the gang are in Marbella, but if you can rein in your envy, you'll enjoy the sight of the girls soaking up the sun.



I SHOULDN'T

In October 1991, a

nelicopter crew on

BE ALIVE
DISCOVERY/HD

WORDS: DANIELLE GRAPH, PETE CASHMORE, SI CUNNINGHAM, MIKE HALL, RORY BUCKERIDGE PHOTIOS: REY FEATINES. ACTION INAGES.

Monday 3 June



There was a queue growing for the naughty corner

"You called me a what? I'll kill you with cheese" **NEW SERIES!**

What A Load Of

Buzzcocks

BBC TWO • 10pm

HART OF DIXIE

REALLY • 8pm

Hidden in this lady-pleasing show is the rather attractive Jaime King, whose character is oddly called "Lemon" And that's her first



THE VALLEYS

MTV/HD • 10pm

a night in to relax

The girls have

and refuel. Yes, you read that right. Normal

service is soon resumed with some fun with sex toys though!

Meanwhile, the boys head for

a night out with a difference.

Game Of Thrones Criminal Minds

SKY ATLANTIC/HD • 9pm

It's the penultimate episode of season three and it's all very definitely kicking off. Jon Snow has his toughest test to date to negotiate, the houses of Frey and Tully are joining forces, and Robb presents himself to Walder Frey. As ever, there's wall-to-wall excellence in the form of violence, swearing and sex. Brilliant!

SKY LIVING/HD • 9pm

If you're after a police procedural fix now that the first series of Elementary has finished, you could do worse than give this a go. Series eight continues in a brilliantly gruesome manner as a ceremony to open a 25-year-old time capsule turns up a bit more than a Walkman or a SodaStream - yep, a skull. No mullet, though.

Buzzcocks has lost a bit of its bite in recent years, so the Beeb have created a new series celebrating the show's best bits. Former Blur bassist Alex James narrates an entertaining look at the show - and the world of pop music it has lampooned so well.

Tuesday 4 June

New issue of Nuts on sale today!



Cracking fly-on-the-wall documentary

which follows a mahoosive call centre

team are a bunch of keen, sales types,

and all their staff, in Swansea. The

who sell rubbish down the phone,

run by their excitable boss, Nev. It's

real. It also makes us never, ever want

a bit like watching The Office, only

to work in a call centre.



Mad Dogs

SKY1/HD • 9pm

We loved the first two series of this Brit show that featured a group of blokes getting into a load of bother abroad. Series three picks up where series two left off as the law catches up with Woody, Quinn, Baxter and Rick and they're interrogated in the Moroccan desert. Things gets worse when it's time to call home.



Hannibal

SKY LIVING/HD • 10pm

If you've stuck with this slick show so far, you're probably getting used to its bonkers sub-plots and grizzly twists by now. After last week's slowburner of an episode, the pace has been picked up a bit, and there's a really 'orrible killer for Jack and Dr Lecter to sink their teeth into. Please don't take that too literally, Hannibal.

BBC THREE • 9pm

Wednesday 5 June



Black & Decker's new range of tools was impressive



DO NOT WATCH!

ABRAHAM LINCOLN: VAMPIRE HUNTER

SKY MOVIES
PREMIERE/HD •
8pm

This flick has dodgy effects and a ridiculous plot. It's an axe-



The Apprentice

BBC ONE/HD • 9pm

This week, squinted and pouted at by Nick and eye-rolled towards by Karren, the teams will mostly be failing at dreaming up a corporate team building away day. With their questionable prowess — and angry incompetence — they approach every task with, we wouldn't employ any of them to wipe our pooey bum-bums.

Resident Evil: Retribution

SKY MOVIES PREM/HD • 9.50pm

Milla Jovovich returns for the fifth instalment of the shoot-'em-up/sci-fi franchise, as the action goes global. Carnage blazes across Tokyo, New York and Washington DC when the resistance take on Umbrella corp. Tune in for girls with guns!

5USA • 10pm

Justified

Mixing humour, violence, brilliant plot-threads and a healthy dose of cool, *Justified's* become one of our favourite shows. Timothy Olyphant's also perfectly cast as the maverick, trigger-happy Marshal trying to keep a large band of small-town ne'er-dowells in check. Here, Raylan and Boyd get into a fix in the Kentucky hills.

Thursday 6 June





"Calm down – I'll get onto the council about the leaves in a jiffy"

Being Human

Luther

ALIBI/HD • 9pm

Idris Elba from *The Wire* stars as the detective of the title as the first series gets a well-earned re-run. In episode two, a gunman's going around murdering uniformed police officers. Luther, naturally, decides that the correct course of action is to appear on TV goading the killer in the hope that he'll come out into the open.

Lemon La Vida Loca

ITV2/HD • 10pm

Comedy quiz show *Celebrity Juice* may make the best use of Keith Lemon, but we can still happily watch this spoof reality show that takes us behind-the-scenes of the OTT Leedsborn lothario's life and work. Series two gets under way tonight.

WATCH/HD • 10pm

USA

This week, the supernatural housesitters see the werewolf getting closer to his hairy squeeze, the ghost catching up with an ex in the spirit world, and the vampy one receiving an unusual present — a newly-turned vampire child chum. This ends badly! TITANOBOA
MONSTER SNAKE
EDEN/HD • 9PM

The titanoboa was the largest snake of prehistoric times, all 40-plus feet of it! What better candidate, then, for the CGI-based documentary treatment?

WORDS: DANIELLE GRAPH, PETE CASHMORE, SI CUNNINGHAM, MIKE HALL, DAN BRIGHTMORE

Nutswews

MOVIES





THE PURGE

31 May • 15 Super-intriguing and extremely brutal near-future thriller in which

society allows all law and order to be suspended for one night only so the population can flush out all their violent instincts. Ethan Hawke plays a family man-turned-killing machine when his home is besieged by temporary psychopaths in creepy face masks. ***



DVD & BLU-RAY





GANGSTER SQUAD

DVD & Blu-ray • 15 Set in 1949 Los Angeles, Sean Penn plays crime lord

Mickey Cohen, who pretty much runs every illegal activity in the City of Angels. He's even got the police and politicians on the payroll, which is why a secret team of cops get together to take him down. The film's a visual treat, but the clunky script and overall mediocrity let it down somewhat. ***





THE LAST STAND

DVD & Blu-ray • 15
Arnie and Johnny
Knoxville are caught
in the crosshairs of
a Mexican border

town up against a murderous drug cartel gone loco! ★★★★





TEXAS CHAINSAW

DVD & Blu-ray • 18

Young folk head to a country house and find that

Leatherface is a) still alive and b) still murderous. $\star\star\star\star$

MUSIC



LAURA MARLING ONCE I WAS AN EAGLE

The warbling young folk songstress has put out a fourth album that your girlfriend might enjoy listening to in the bath. ★★



ALICE IN CHAINS THE DEVIL PUT DINOSAURS

HERE

Some real ballsy, no-messin' rock from this old-school Seattle band. Check 'em out at Download this year. **



CHARLIE BOYER & THE VOYEURS

CLARIETTA

This debut album from five London lads nicely merges rock, punk and a sprinkling of Britpop. ★★★★



BOYSNOIZE

BNR 100

Justice and The Chemical Brothers have lent their skills to a pair of special remixes, marking 100 releases. ***

GAMES





GRID 2 PC, PS3, Xbox 360

The long-awaited sequel to the game that made racing cool

again. Five years on, Grid's more fun and polished than ever. Handling is an almost perfect

mix of sim and silly and the car roster's excellent. Multiplayer progression is, inexplicably, separate from cars you nab in campaign, but there really isn't anything to touch it out there right now in the racing game arena. ****





RESIDENT EVIL: REVELATIONS

The 2012 Nintendo 3DS original gets an HD big console

launch, and really, it's the best Resi for years. Go play. ★★★





VELOCITY ULTRA

An old-school 2D shooter that's

a delight on the Vita, with touchscreen addition and rezzed-up graphics. Plus, it's only £6.50. Bargain. ★★★★



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Totally silly, but an amusing app where you can Snoopify your pics by adding hats, shades and the like. ★★★



BANG WITH FRIENDS

Android

Dodgy app that lets you see which Facebook friends might want to have the sex with you, providing they've got the app too. ★★★







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20% off for *Nuts* readers!



Look suitably hot and stylish in the sun with this cool clobber!

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Nuts says: The egg the Lions will be chasing in June. It's clad in Aerosensa aerodynamic covering to fly straight and true.

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www.mke.com/footbal

Nuts says: Nike kick off their term as England's kit men with this minimalist first effort. Each one is made out of 13 recycled plastic water bottles and has Dri-Fit tech.

£60

Smartphone Security Sensor

www.lirebox.com

Nuts says: Clever nubbin that links to your smartphone via Bluetooth, then sounds a klaxon if you leave it somewhere or it gets nicked.

£45

Ruark Audio R7

Www.ruarkaudio.com

Nuts says: Inspired by retro radiograms, this is a nice piece of furniture with CD, MP3, Bluetooth, DAB+ internet radio and Wi-Fistreamed music.

£2,000

LIGHT AND STRONG

The kit weighs 150g and has a 20 per cent stronger knit structure.



20M HEAD START

This has a range of 20m and the battery lasts for four months.

nio I



Nuts REAL GIRLS







Nuts HOT DATES







Ann

What are your best features?
Definitely my boobs and my bum.
How could a bloke impress you with just a fiver?

Buy me a cinema ticket to a horror film. I love scary stuff!

Hayley

What's the one way all men could make themselves more attractive? Take pride in their appearance. Decent shoes are the key!
What are the keys to your heart?
Laughter and food.

Brogan

How would a bloke give you a night to remember?

Make me laugh! I love guys with a good sense of humour and banter.
What really turns you on?

Good looks and a nice smile.

See what girls really want!

Our Bedroom Babes stars tell us how it is!



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CONFESS! TO OUR SECRETARY!

Racy revelations from our female readers!



'Frisky fun at 30,000ft'

I RECENTLY started my first relationship with a girl and we decided to go away to Spain for a dirty weekend. We were chatting about what we'd get up to on the plane and our talk soon turned sexual. I couldn't contain my surprise when she slipped her hand down her skirt and started to play with herself. I could feel myself getting wet. We lifted the seat arm from between us and put a coat over our knees. She pushed my knickers to the side, parted my legs and gently rubbed my throbbing clit to climax. The air stewards had no idea! Jasmine Leeds

'My summer squaddie'

I WAS on holiday with the girls, having the wildest time. We were hanging out

with a group of boys all week and I got on really well with one, a squaddie. We were dancing in a club on our last night and he kept glancing at my body with a hungry look in his eyes. Without saying anything, he took my face in his hands and passionately kissed me. He whispered in my ear and we slipped outside, where I felt his hand go down my panties. I was so wet, and he kept saying dirty things in my ear. It was the best last night of a holiday ever!

Lisa Kent

ONLY IN

'I called the handyman'

MY SHOWER has been leaking recently, so I asked my brother's mate - a plumber - if he could help. I've known him for years and he's very cute. After a flirty chat on the phone, he turned up. I'd made sure I looked sexy in tight jeans and a low-cut top. I kept stealing looks at him, checking out his tight bum in his boiler suit trousers. He caught me and responded by undressing me with his eyes. There was a pause and then I giggled and asked if he was flirting with me. He answered with a kiss, picked me up in his arms and sat me on the sink. Within seconds, my legs were over his shoulders as he buried his head inside me. He worked me with his tongue, using his fingers to drive me wild, and I was soon coming pretty hard. He fixed the leak when he was done and afterwards, we enjoyed a sexy shower together!

Betsy East London

'I went commando'

MY MAN and I recently went to a friend's wedding. I chose a pretty dress for the day and a sexy little black number for the evening. He commented on how gorgeous I looked in the evening dress and asked me to go commando so he could have his wicked way with me later. As the reception got under way, we were both a little drunk so we hit the dancefloor. I whispered to him that I'd done as he requested. He gave me a cheeky grin and grabbed my hand. We were heading to our room but as we passed an empty hotel bar, I suggested we do it in there. Shocked but pleased, he led me into the bar. undid his flies, bent me over a table and shafted me hard and fast. We went back to the party and had more saucy fun in our room later! Emma Essex

Win £50!

Ladies, send your raunchiest confessions to louise_prior@ ipcmedia.com or to the address on page 64. The best one each week* wins £50! Come on, girls!

JOIN NUTS HOT DATES AND MEET HOT SINGLE GIRLS AT WWW.NUTS.CO.UK/HOTDATE



Where's the strangest place you've had sex?

"I had naughty sex in a swimming pool once. There were other people swimming around in there at the time too, but I don't think any of them even noticed. If they did, nobody said anything to us. The risk of getting caught is always a real turn-on for me."

What's your trademark move in the bedroom?

"I love giving a naughty lap dance in the bedroom. I tease and grind on a guy, but I don't let him touch me for a while. If he tries, I just smack his hand away. Ha-ha! It's so much fun. By the end of my performance, the guy's so horny he'll do anything for me."

What really turns you on? "This might sound a bit

weird, but being blindfolded really turns me on. I let the guy take full control and do whatever he wants. I also love being kissed on the neck. If you kiss me on the neck, I won't be held responsible for my actions!"

What's your favourite position?

"I don't know - there are just too many to choose from! But I do love doing it doggy style or reverse cowgirl. I absolutely

love being bent over, but I also like taking control when the mood takes me."

5 Is it better to give or receive?

"Give, definitely! I love looking up at the guy and seeing the look of pleasure on his face when I'm doing naughty things to him. It's such a massive turn-on for me, and probably for him, too."

What one thing would you 6 like to try but haven't yet?

"This is very naughty, but I would love to be part of a threesome, preferably with two hot guys. The mere thought of two guvs giving me lots of naughty attention and

pleasuring me at the same time turns me on so much."

Ever got it on with a girl?

"I have lots of girlfriends and we always end up snogging on nights out. The lads love it. In my defence, I have a heck of a lot of hot girlfriends, so it would be rude of me not to give them a cheeky kiss to make them feel appreciated!"

What's the rudest thing you've ever done?

"I once gave a guy oral in the back of a taxi. The taxi driver must have witnessed the incident but he didn't say anything. He was probably too embarrassed. Either that, or he was enjoying the show!"



Nuts SPORT

10 reasons we can't wait for next season!

Paul Merson on the 2013/14 things that already have us salivating!

THE FOOTBALL season may be all but over, but there's so much going on that we already can't wait for the next season to start! Arsenal legend Paul Merson gives us ten reasons to be cheerful.



"And this is how I look at the point of climax!"

NEW BOSSES AT THE BIG TEAMS!

"David Moyes is a top, top manager, but I still think you can shave ten points off Man United post-Sir Alex. It's going to be mad - Arsenal and Man City are going to have to buy, David Moyes will want to put his stamp on United, Mourinho won't go into Chelsea without buying. This is the first time all of the top four have a chance, and I think Liverpool will be in the mix as well."

for six league clubs - Arsenal, Brentford. Middlesbrough. Villa, Pompey and Walsall



He was delighted

with his new

pressure cooker

WIGAN IN EUROPE!

"Wigan did absolutely brilliantly to win the FA Cup by beating Man City in the final - if you're a club like Wigan, you're only going to win one of two cups and they managed to get one of them. But Europe alongside a 46-game Championship season? Cor, dear me! They're really going to have to go some to make sure the Europa League doesn't get in the way.'



CARRAGHER AND NEVILLE, TOGETHER ON SKY!

"Ha-ha! This is brilliant - it really is a great coup for Sky Sports. Ex-Man United player Gary Neville has been a revelation as a pundit this past couple of seasons, a Nuts award winner indeed. Both he and Liverpool legend Jamie Carragher have scary knowledge of the game and they're definitely not going to agree with each other. They'll make for a great match-up.'



DI CANIO'S FIRST FULL SEASON!

"Well, it's going to raise a lot of money for Sunderland's local charities with all the fines Paolo Di Canio dishes out! They're going to be very wealthy. He has to be careful - he's not at Swindon any more, he's dealing with Premier League footballers now. He's done so well keeping them up but the PFA are already onto him about his fines - it's difficult to attract players to a dictatorship!"



THE ALL-WALES DERBY!

"I don't know what time of the morning the two fixtures between bitter rivals Swansea and Cardiff will have to kick off! They'll both be absolutely ferocious. It's great to have both the South Wales clubs in the top flight. Cardiff have been unlucky for about the last 100 years! I think it's easy to underestimate just how massive this rivalry is going to be in the Premier League."



ARSENE'S "MUST WIN" SEASON!

"Wenger has to bring home some silverware. They can't just accept another top-four finish. Arsenal have a lorry-load of cash, they've just signed a huge kit deal with Puma – he has to get them players to win trophies. In the time they were in the Premier League, Wigan won more trophies than Arsenal, and that's not right. He has to take the Capital One Cup more seriously next year."



THE SPECIAL ONE'S COMING BACK!

"Jose Mourinho is brilliant for the Premier League. The press will love having him back and providing them with endless quotes. He'll have weighed everything up and will know exactly who to bring in with him – just a couple of extra players, one of them most definitely a striker, because Fernando Torres and Demba Ba won't give him 20 league goals in a season."



DEPOSING THE GERMANS!

"There's been a lot of talk about German dominance but I think we need to wait and see. People are getting carried away. Bayern are a top, top team but Dortmund could, and should, have gone out against Malaga in the Champions League. Man City, Chelsea, Arsenal, and Man United will all buy big this summer – if Bayern can best them next year as well, that's when I'll say, 'Fair enough.'"



GOAL-LINE TECHNOLOGY AT LAST!

"This is actually a bit of a tough one for me because there's no greater buzz than scoring a goal, so it's going to be a bit of a buzz-kill if the ref then goes, 'Wait there a second while we take a look at the footage.' But there's so much money to play for nowadays, and we have the best league in the world, so it's fair play that we use the best technology in it."



THE 2014 WORLD CUP!

"England need to qualify before they can start thinking about Brazil, but I don't see a problem for them. I just hope the kick off times are sensible. There's a four-hour time difference so I hope there are no 9am kick-offs. You want to be in a pub surrounded by your mates! But what a way to finish the season, with all the best players in the world in the greatest footballing nation!"









In ist

When he watches a match, he sees every word!



Mark Halsey: "Get away! You got him on his legs!"

MAN CITY VS NORWICH Etihad Stadium, 19 May, 5.08pm The ref doles out a tongue-lashing to Yaya Touré.

Tony Pulis:
"Wanna play on
the right or left?"

Michael Owen: "Erm... I dunno!"

SOUTHAMPTON VS STOKE St Mary's, 19 May, 5.29pm Michael shows a distinct lack of interest in his position.



Tony Pulis: "Tell me what you want!"

Michael Owen: "I'll be on the right, then"

SOUTHAMPTON VS STOKE St Mary's, 19 May, 5.29pm Thankfully, a decision's finally made. Phew!

Gareth Bale:

"Boom! Yeah! That's what I'm talking about!"

SPURS VS SUNDERLAND White Hart Lane, 19 May, 5.49pm The PFA Player Of The Year gives himself a pat on the back.

Potty mouth corner!



Villas-Boas:

"That's f**king unbelievable! F**king..."

SPURS VS SUNDERLAND White Hart Lane, 19 May, 4.19pm The Spurs boss runs out of words as a penalty's turned down.





or thereabouts.

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"Tesco's here

we come!"

on Saturday 1 June from

1pm on Channel 4/HD.*



The Kammy Awards!

Where some of the awards are not ones you'd want to win!



PLAYER OF THE SEASON!

"I'm taking into consideration value for money with this, so it has to go to Swansea's **MICHU**. He cost two million quid and scored just shy of 20 Premier League goals! He can play as a striker, he can play just off the striker, he can even play in midfield. Swansea will find it hard to hang onto him."



"This goes to **GARETH BALE**. I think he'll still be at Spurs next season. AVB was brave enough to play him in a new position, just behind the striker, so Gareth owes him a little debt of gratitude. He was always a bit special playing down the lefthand side, but AVB's decision has made him an £80m man."



TEAM OF THE SEASON!

"There have been some remarkable team performances, but it's difficult to look past MANCHESTER UNITED. Sir Alex Ferguson came up against a team in the same city with more money to spend and he just brushed them aside. One last act to enhance his standing as the top manager in the game."



THE "I SWEAR I DIDN'T TOUCH HIM, REF!" AWARD!

"This one goes to Wigan's **CALLUM MCMANAMAN** for his rustic challenge on Newcastle's Massadio Haidara. I think everyone in football was aghast that he managed to get away with that one without a card. He walked away from that like butter wouldn't melt in his mouth. Naughty boy!"



THE "I DON'T KNOW WHAT I'M DOING" AWARD!

"This one's going to MARK CLATTENBURG, who forgot his cards for the second half of the Reading vs Liverpool game in April. It was hilarious! He tried to book someone, rooted around in his pockets and there was nothing there. He had to go to the fourth official and get a replacement yellow!"



THE "HAVE IT!" AWARD!

"My winner of this award is West Brom midfielder **YOUSSUF MULUMBU**, who booted the ball right at Gary O'Neill after a niggly foul. It was brilliant. If you're going to lose your temper and get sent off, this is definitely the way to do it – just walk up to the fella and hoof the ball at him!"



THE "BITE WORSE THAN HIS BARK" AWARD!

"This goes to **LUIS SUAREZ**. I've never seen anything like this, but players are bound to get peckish during the game! There were shades of Vinnie Jones getting a handful of Gazza's meat and two veg – and really, which would you like the least, a nibble on the elbow or someone squeezing your tackle?"



WORST REF OF THE SEASON!

"This one goes to **PHIL DOWD** for apparently not knowing the laws of the game. He gave Simon Mignolet of Sunderland a yellow card for handling a back-pass from Sebastian Larsson, despite the rules stating that the only punishment for such an offence is an indirect free-kick. Sorry, Phil!"



MISFIRING PRANK OF THE SEASON!

"Brighton vs Crystal Palace in the Championship play-off semi-final second leg. Poo in the away team's dressing room. That's all I have to say. If Palace were looking for any extra motivation to win the second leg, they got it – and look how it all turned out. No wonder **GUS POYET** was so angry!"



HONOURABLE MENTIONS!

"Finally, a tip of the hat for three one-club men who've called it a day. Man United's **PAUL SCHOLES** is the best midfielder of his generation. I feel Liverpool's **JAMIE CARRAGHER** had a few more years left in him. And **STEVE HARPER** at Newcastle was a great servant to the club and is an excellent guy."

Nuts Games winners!

Check out some of the *Nuts*Games winners!



WE'VE GIVEN these guys over £500k in

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be a winner, too!

"I think it's been the luckiest win I've ever had! It's a great feeling and I'm well surprised! I'm not sure how to spend it all yet... so far I've got myself a new car. Thanks again for my win!" SCOTT C WON £60,124 "I'm very happy with the win and very surprised. Still quite shocked, but happy! Thanks for my win!"

"Shocked! This has been a life-changing win, honestly! Deal or No Deal slots is my favourite game, but I never thought I'd win such a huge jackpot. The most I've ever won before was a tenner on the lottery!"

"I was down to the last two boxes and The Banker rang in. I decided to click 'no deal'. It was the easily best no deal ever chosen! I still can't believe how lucky I've been to win. I'll be retiring in December and need to move, so with this win I'll now be able to buy my own home!" PAUL W WON £127,089



"So, so happy and shocked. I can't believe that I've won. It couldn't have come at a better time for me!"

BERNARD T WON £88,729

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20

116 14

The midfielder on England's friendlies!



Hi Michael! How important are the friendlies against

Ireland and Brazil?

Every time you pull on an England shirt it's important. Playing for your country should always be the ultimate honour, so we'll be giving our all. For the dressing room, it's good to create some momentum going into the qualifiers, so these friendlies give us an opportunity to show what we can do. We're in an OK position, but our goal is to finish top of the group.

Is it frustrating that you've only been awarded 27 caps in almost a dozen years of international football?

I'd be lying if I said I didn't wish it'd gone differently. But I've never been one to get too worked up about stuff like this. I just do what I can to impress whoever's in charge of the England team.

Is your lack of appearances down to not being flashy or outspoken enough?

For whatever reasons some England managers haven't really fancied me, I can't put my finger on why. It's a shame but I don't get too downhearted. After all, I've got a great Man United career – something other players would kill for. I have to respect that managers have their own opinions, just like everyone in football. Shouting a bit more about this or that just isn't me.

How important would it be to be part of an England team at the World Cup in 2014?

I'm a fan like everybody else. I remember the incredible atmosphere around Italia 90. And then there was Euro 96 — also amazing. I know what it feels like to be an England supporter, through the good times and bad, so to be playing for your country in Brazil, of all places, it doesn't get better than that.

You were voted Man United's Players' Player of the Season, and were shortlisted for PFA honours. Not bad!

These were great because you're being recognised by your team-mates and fellow professionals. I've never been one to get too excited by awards but I have to confess I was chuffed to bits when I heard about both of them. It was the icing on the cake after a brilliant season.

Is it nice to be recognised for your performances over recent years?

To hear United fans cheer my name is something I've taken a while to get used to! I thought I was hearing things! I've gone under the radar for a while and maybe now people are starting to see what I bring to the team. That'll do for me!

 England vs Republic of Ireland, Wed 29 May, 8pm; Brazil vs England, Sunday 2 June, 8pm, both ITV/HD.





Football seen through the Nuts comedy glasses!











MAN-LVE CORNER!











"Quote me

on that!"

"Arsenal didn't play badly bad"

Paul Merson discovers a new bad.

"I can only have half a glass, otherwise I get drunk"

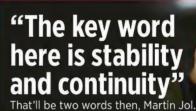
Paolo Di Canio confesses to being a lightweight.

"This is a feather in our cap. It's there in our top pocket" lan Holloway wears his cap in his pocket.

Nuts SPORT



"I'd like to say it's a shame Spurs didn't qualify for the Champions League. But it's not" Theo Walcott tells it like it is.



"I don't want Connor Wickham missing games because he's a *Playboy* model"

Di Canio confuses the sex of his striker.

"It's very hard to dismantle the ball off Wayne Rooney" Dwight Yorke dismantles his vocabulary.



"Whoever said size doesn't matter lied"

Karren Brady confirms what we all feared.



"Frank Lampard has a knack of coming in the box"

Sir Alex's observation on Chelsea's blue star.

"I'd take one from Elton John"

Tony Cascarino's ready for love.

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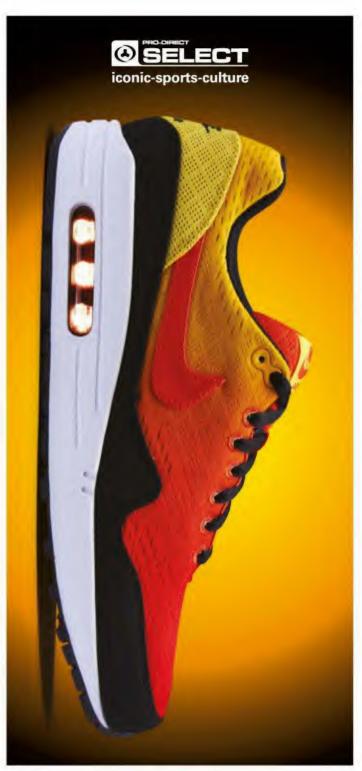














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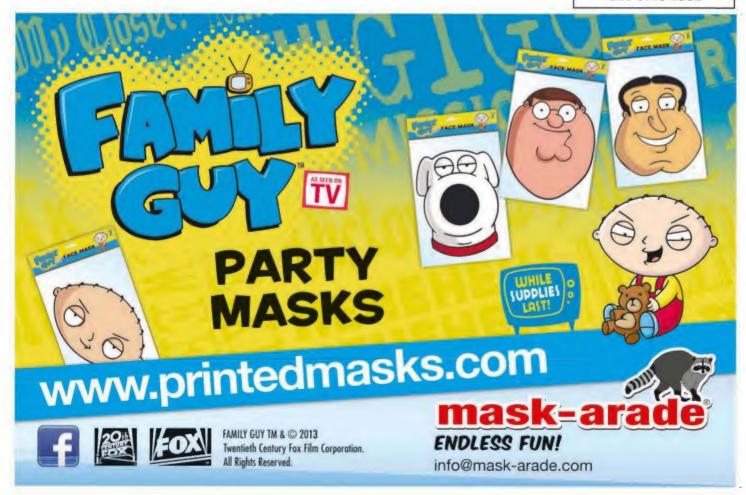












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Essex was a kingdom, with its own monarch, from the sixth century to the early ninth century AD, before it was downgraded to a county.

Hippopotomonstrosesquippedaliophobia is, ironically, the fear of long words.

Sugar Puffs can be turned into beer



A 2012 University Of Washington study found that 2,000 calories of junk food cost £2.29, while

2,000 calories of

health food came

in at £23.17.



An English criminal in 19th century Australia, Joseph Samuel, survived three attempts to hang him. It was beleved that his survival was a sign of innocence.

The world's largest bag of crisps was made in Ohio in 2003, weighing just under half a metric tonne.

Alexander Bogdanov, inventor of blood transfusions, died in 1928, after a blood transfusion - his twelfth.

You can burn about 200 calories watching a horror film, making them the healthiest movie genre.

Marmite, Rice Krispies, Shreddies and Horlicks are all banned in Denmark.



In 1626, Dutch trader Peter Minuit bought Manhattan island for 60 guilders - about £625 in today's money.





The highest number of winners of a National Lottery jackpot came in 1995 when 133 people shared £16million.

taste in restaurants.

Pub ammo on... England vs Ireland

- England and the Republic of Ireland have played 14 matches, with England winning five, Ireland three and six ending in a draw.
- The last time the two sides
- me, in 1995, the game was abandoned due to rioting.
- In 2011, Ireland became the first and only winners of the Carling Nations Cup, a mini-tournament for the
- **Home Nations. England** didn't take part for "practical reasons".
- England vs Republic of Ireland, Wembley Stadium, Wednesday 29 May, 8pm.





A FILM BY GEOFFREY ENTHOVEN

GOME

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Three guys in their twenties love wine and women but they are still virgins. Under the guise of a wine tour they embark on a journey to Spain hoping to have their first sexual experience. Jozef is blind, Lars is confined to a wheelchair and Philip is paralysed from the neck down, but they're not going to let anything stand in their way...

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